

# ALL-DADE CROSS-COUNTRY & BOWLING

## CROSS-COUNTRY BOYS



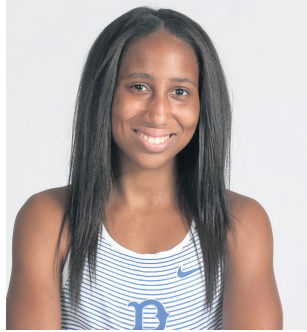
**Adrian Bichara**  
Columbus



**Johanna Diez**  
Lourdes



**Diego Gomez**  
Belen



**Jordan Ford**  
Braddock



**Nicolas Hidalso**  
Belen



**Emma Hancock**  
St. Brenden



**Christian Ivonnet**  
Columbus



**Valerie Lastra**  
Mater Academy



**Adam Magoulas**  
Belen



**Krystal Rodriguez**  
Coral Reef



**George Stark**  
Palmer Trinity



**Penelope Sosa**  
Coral Park



**Javier Vento**  
Belen



**Francesca Suarez**  
Carrollton



**Colin Wilson**  
Coral Gables



**Natalie Varela**  
Gulliver Prep

## BOYS CROSS COUNTRY FIRST TEAM

RUNNER, SCHOOL	YR.	AT STATE
Adrian Bichara, Columbus	Jr.	16:23.12
<b>Note:</b> 39th at state (4A), fifth at regional, third at district		
Diego Gomez, Belen Jesuit	Jr.	15:51.16
<b>Note:</b> Third at state (3A), third at regionals, district champion		
Nicholas Hidalgo, Belen Jesuit	Jr.	16:20.99
<b>Note:</b> 13th at state (3A), seventh at regional, fourth at district		
Christian Ivonnet, Columbus, Jr., 16:18.15	Jr.	16:18.15
<b>Note:</b> 31th at state (4A), fourth at regional, district runner-up		
Adam Magoulas, Belen Jesuit	So.	15:51.85
<b>Note:</b> Fifth at state (3A), regional champion, fifth at district		
George Stark, Palmer Trinity	So.	16:23.31
<b>Note:</b> Ninth at state (1A), third at regionals, district runner-up		
Javier Vento, Belen Jesuit	Jr.	15:57.36
<b>Note:</b> Fifth at state (3A), fourth at regional, ninth at district		
Colin Wilson, Coral Gables	Sr.	16:03.22
<b>Note:</b> 16th at state (4A), second at regionals, district champion		

**SECOND TEAM**  
Malcolm Brown, Columbus, Jr.; Matthew Bryan, Belen Jesuit, Sr.; Alvaro Canaarte, Columbus, Jr.; Sebastian Castillo, Belen Jesuit, Jr.; Lance Grainger, Doral Academy, Sr.; Andoni Mercado, Sunset, Sr.; Aiden Vilasuso, Belen Jesuit, Jr.

**THIRD TEAM**  
Alexander Chevalier, Coral Gables, Jr.; Marc Dabby, Columbus, Fr.; Felipe De Cardenas, Ransom Everglades, So.; Pedro Garcia-Romo, Braddock, Sr.; Nicholas Ivonnet, Columbus, So.; Jonathan Pineda, Doral Academy, Sr.; Gabriel Rodriguez, St. Brendan, Sr.; Donato Scarcello, Columbus, Jr.

**HONORABLE MENTION**  
**Braddock:** Anthony Bergnes, Glomar Figueroa, Gabriel Garcia, David Gutierrez Jr., Brandonn Linares; **Coral Gables:** Samuel Avellaneda, Etiene Montigny, Marco-Dan Lund-Hansen; **Coral Park:** David Amat, Orlando Canvaj, Matthew Herrera, Manfredo Morales, Jason Rojo; **Coral Reef:** Raul Grasso, Maximo Kordy, Lukas Santana, Ryan Sarafoglu; **Cutler Bay:** Dale Underwood; **Doctors Charter:** Bishop Vidal; **Doral:** Aiden Ford, Cesar Gomez, Jordan Lopez, Fernando Miguélena, Daniel Salmanzadeh; **Ferguson:** Yousef Barnieh, Cesar Dominguez, Leonard Hernandez, Zachary Hernandez, Anthony Rios; **Goleman:** Jeshua Osorio; **Gulliver Prep:** Gabriel Bendix, Camurugy Fernando; **Hialeah-Miami Lakes:** Josh Mathis; **Mater Prep:** Marcel Castellanos; **Killian:** Nicolas Monteagudo; **MAST Academy:** Nil Bertran, Griffin Clark, Justo Olivero, Felix Olivero; **Mater Lakes:** Devon Clodfelter, Marcus Cortes, Gabriel Cubes, Christopher Gonzalez, Marc Gonzalez, Jayden Medina; **Miami Country Day:** Ryan Mendelson; **Morningside Pace:** Christian Fontalvo; **Norland:** Dukerson Pinarod-Riche; **Palmer Trinity:** Eduardo de Rosal, Austin Foster, Alejandro Storper; **Palmetto:** David Bellefeur; **Ransom Everglades:** Alexandre Dray, Thomas Esber, Justin Wong; **Reagan:** Jorge Garcia; **Southridge:** Shain McDonald; **St. Brendan:** Michael Garcia; **Sunset:** Servando Acosta, Caleb Jimenez, Matthew Lebron, Dennis Moreno; **TERRA:** Jorge Alberto, Gordon Dickinson, Bruno Medina, Jorge Perez-Lacayo, Christian Mahoney, Dairon Sanchez, Jack Tals

## GIRLS CROSS COUNTRY FIRST TEAM

RUNNER, SCHOOL	YR.	AT STATE
Johanna Diaz, Lourdes	So.	19:21.90
<b>Note:</b> 28th at state (4A), fifth at regional, fourth at district		
Jordan Ford, Braddock	Jr.	19:24.80
<b>Note:</b> 31st at state (4A), third at regional, district runner up		
Emma Hancock, St. Brendan	Fr.	19:16.73
<b>Note:</b> 18th at state (2A), fourth at regional, district runner-up		
Valarie Lastra, Mater Academy	Jr.	17:29.44
<b>Note:</b> State champion (3A), regional champ, district champ		
Krystal Rodriguez, Coral Reef	Jr.	18:15.20
<b>Note:</b> Seventh at state (4A), regional champ, district champ		
Penelope Sosa, Coral Park	So.	19:15.50
<b>Note:</b> 24th at state (4A), 19th at regional, 12th at district		
Francesca Suarez, Carrollton	Jr.	19:20.95
<b>Note:</b> 21st at state (2A), sixth at regional, third at district		
Natalie Varela, Gulliver Prep	Sr.	19:06.01
<b>Note:</b> 17th at state (2A), fifth at regional, district champion		

**SECOND TEAM**  
Julia Alvarez Drago, Coral Reef, So.; Rebecca Bergnes, Braddock, Sr.; Keyli Gomez, St. Brendan, Sr.; Madison Munroe, Ransom Everglades, So.; Ana Rodriguez, Lourdes, Jr.; Isabella Timiraos, Lourdes, Sr.

**THIRD TEAM**  
Lisa Adjouadi, Braddock, Sr.; Paola Bencosme, Braddock, Jr.; Paola Elis Garcia, Lourdes, Fr.; Isabelle Smilovitch, Miami Country Day; Emilie Suarez, Braddock, Sr.; Ashley Williams, Lourdes, Jr.

**HONORABLE MENTION**  
**Braddock:** Marlie Gonzalez; **Carrollton:** Caroline Carlson, Marissa Montadas, Camila Suarez; **Coral Reef:** Kalya Gibbs, Sarah Lazar; **Doral:** Ana Mata, Saabrina Perez, Giuliana Rivero; **Ferguson:** Bianca Banato, Vanisha Villafane; **Gulliver Prep:** Alessandria Di Miso, Kyra Gardner, Karela Palazio, Nina Staravaggi, Olivia Torres; **Loures:** Alana Maria Batista, Emma Granda; **Miami Country Day:** Isabella Galofre, Rachel Hodes, Anastasia Moskova; **Northwestern:** Asia Bell, Lakeria Gathers, Le'Nai Hunter, Kouraje Johnson; **TERRA:** Sofia Agudelo; **St. Brendan:** Daniela Alvarez, Alexmar Fayiga, Gillan Stabenau; **Credits:** The 2019 All-Dade cross country teams were compiled by Miami Herald Sportswriter Jordan McPherson based primarily on postseason results and input from local coaches. Photos by Charles Trainor Jr.

## BOYS BOWLING FIRST TEAM

BOWLER, SCHOOL	YR.
Kenie Almodovar, Reagan	Sr.
<b>Note:</b> Tied for ninth at state, 217.50 state series average	
Tyler Keller, Hialeah Educational Academy	--
<b>Note:</b> District 16 runner-up; 186.14 average in state series	
Gabriel Perez, Ferguson	Jr.
<b>Note:</b> 202 season average (4th in Dade)	
Connor Piphio, Palmetto	Jr.
<b>Note:</b> State runner-up, Co-district champion, 223.29 state series average, 208.24 season average	
Casey Puett, TERRA	So.
<b>Note:</b> 203.8 season average (3rd in Dade)	
Marlon Ruiz, Columbus	So.
<b>Note:</b> Third at state, 206.14 state series average	
Ryan Toffoli, TERRA	Jr.
<b>Note:</b> 207.5 season average (2nd in Dade)	

**SECOND TEAM**  
Fernando DeLaLamaGuaman, Belen Jesuit; Christian Farfan, Cutler Bay; Andres Fernandez, Belen Jesuit; Jason Granovsky, Krop; Kevin Monjarrez, Coral Gables; Alec Osorio, TERRA; Juan Salomon, Reagan; Antonio Varona, Columbus

**THIRD TEAM**  
Javi Gameros, Belen Jesuit; Gianfranco Caro, TERRA; Raul Chaves, Ferguson; Anthony Diaz, Reagan; Victor Hidalgo, Belen Jesuit; Nelson Mariscal, Ferguson; Giancarlo Perez, Columbus

**HONORABLE MENTION**  
**Belen Jesuit:** Daniel Delgado; **Braddock:** Alec Garcia; **Columbus:** Liam Bascuas; **Coral Park:** Raul Bejel, Nicolas Rodriguez; **Cutler Bay:** Diego Santiago; **Ferguson:** Gabriel Bellon, Armais Martinez; **Gulliver Prep:** Connor Gebhart, Wallace Hallot; **Krop:** Daniel Ogne; **Miami High:** Xavier Alvarez, Kyle Marie; **Mourning:** Ethan Bass, Sloan Festige, Jon Figallo, Michael Holman; **Palmetto:** Eric Viener; **Reagan:** Daijoun Johnson, Noel Valdez; **TERRA:** Alex San Jose.

## GIRLS BOWLING FIRST TEAM

BOWLER, SCHOOL	YR.
Victory Coleman, American	So.
<b>Note:</b> District 16 champion; qualified for state	
Brianna Bogues, Cutler Bay	Sr.
<b>Note:</b> 169.5 season average (2nd in Dade); 54th at state	
Alexa Hernandez, Braddock	Jr.
<b>Note:</b> 175.6 season average (1st in Dade), 23rd at state	
Alenays Lopez, Ferguson	Sr.
<b>Note:</b> Youth Fair champions; 155 season average	
Megan Morales, Ferguson	Sr.
<b>Note:</b> Youth Fair champions; 160.7 season average (3rd in Dade)	
Ella Perez, TERRA	So.
<b>Note:</b> 157.4 season average (5th in Dade)	
Gilliana Pons	So.
<b>Note:</b> 157.6 season average (4th in Dade); 49th at state	

**SECOND TEAM**  
Amanda Gonzalez, TERRA; Veronica Kania, Mourning; Kirra Magana, Krop; Emilia Nodarse, Cutler Bay; Alex Puett, TERRA; Colleen Ryan, Palmetto.

**HONORABLE MENTION**  
**Braddock:** Layla Lopez; **Coral Park:** Maria Alfaro; **Cutler Bay:** Amanda Diaz, Hannah Frye, Miah Sostre; **Gulliver Prep:** Alyssa Jensen, Ajah Mallary; **Krop:** Molly Kaufman, Sophia Palmeiro, Rebecca Vainstein; **Mourning:** Jessica Becker, Celine Jose; **Kayla Mitchell.**  
**Credits:** The 2019 All-Dade bowling team was compiled by Miami Herald Sportswriter Jordan McPherson based on postseason results and season averages. Photos by Al Diaz.

## BOWLING BOYS



**Kenie Almodovar**  
Reagan



**Victory Coleman**  
American High



**Tyler Keller**  
Hialeah Educational



**Brianna Bogues**  
Cutler Bay



**Gabriel Perez**  
Ferguson



**Alexa Hernandez**  
Braddock



**Connor Piphio**  
Palmetto



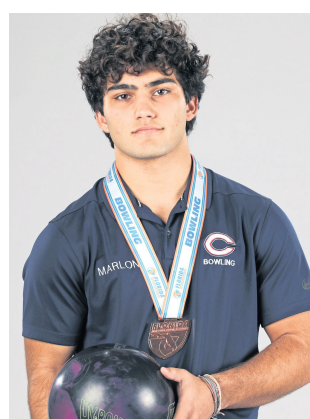
**Alenays Lopez**  
Ferguson



**Casey Puett**  
TERRA



**Megan Morales**  
Ferguson



**Marlon Ruiz**  
Columbus



**Ella Perez**  
TERRA



**Ryan Toffoli**  
TERRA



**Gillian Pons**  
TERRA